



After Venous Procedure Instructions

- Please remember to bring your compression stockings; they should be 20-30 mm HG compression, with you to the appointment.
- After the procedure a dressing will be placed over the insertion site and your stockings will be placed over that.
- Dressing and stockings should remain in place until your follow up ultrasound 48-72 hours later.
- After the follow-up ultrasound you may remove the dressing and shower.
- You will need to be up walking for 10 minutes every hour while you are awake for the first 5 days after your procedure. You may walk more if you like.
- Stockings will need to be worn during the day and off at night for 2 weeks once the ultrasound has been completed.
- Please watch the insertion site for signs of infection (redness, warmth, or draining any discolored fluid) and call our office immediately.
- It is common to have tenderness along the vein, which was treated.
- It is also common to have bruising along the vein as well.
- You may feel a palpable cord-like structure under the skin where the vein is.
- You may take Ibuprofen or Tylenol per the instructions on the bottle as needed for pain.
- You may also try a warm compress for discomfort.
- Please call our Case Management department (602) 867-8644 with any further questions.